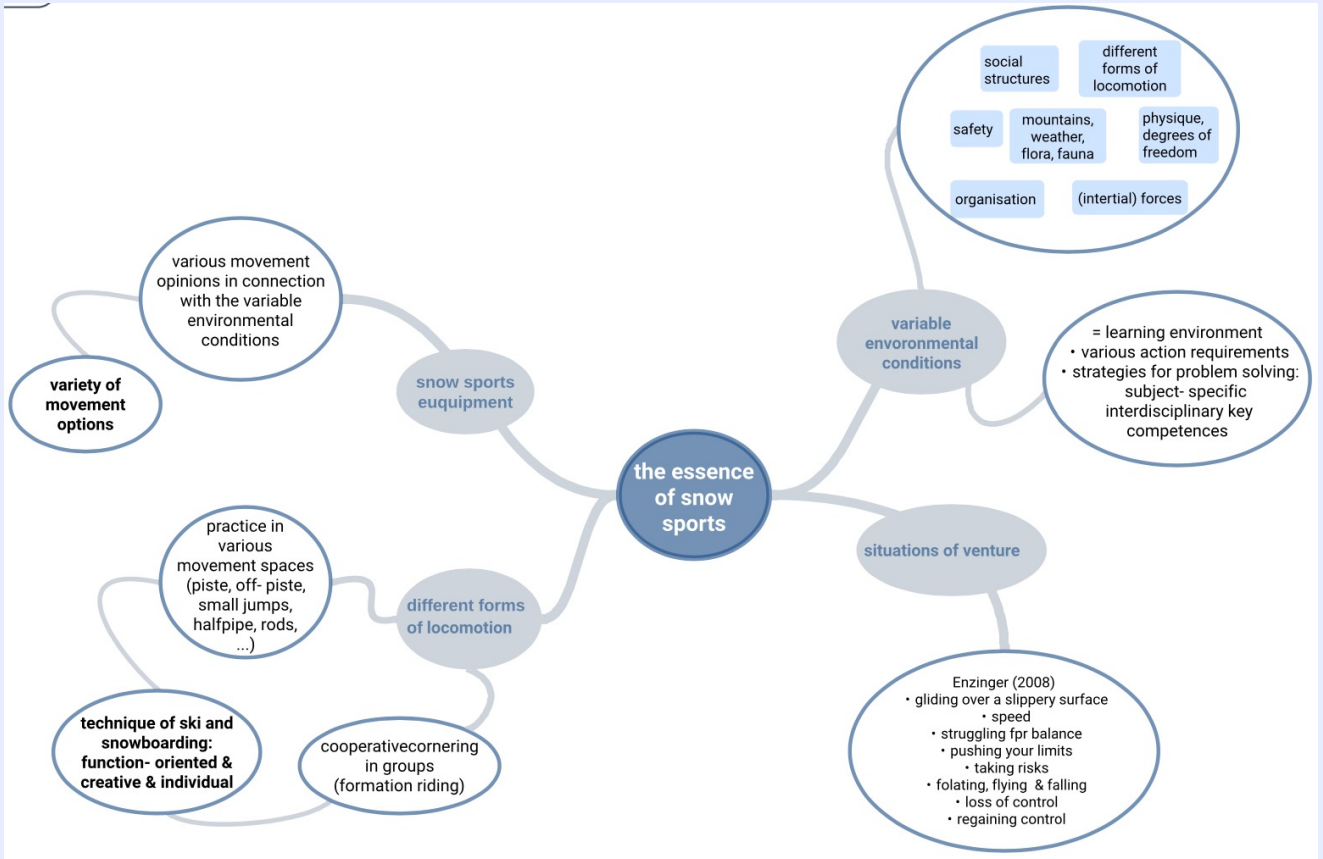




SNOW SPORTS AS A PROJECT COURSE

- CONNECTING THEORY AND PRACTICE -



THE ESSENCE OF SNOW SPORTS

LEARNING & IMPROVING

riding on snow sports equipment

PEDAGOGICAL & SOCIAL

- social interaction
- intensifying the relationship between pupils & teachers
- strengthening class community
- experience & evaluate own strengths & weaknesses
- experience nature & landscape
- responsibility, independence, respect

OBJEKTIVES

- project- and application related qualifications
- independent and cooperative work
- interdisciplinary or cross curricular perspectives
- scientific propaedeutics and practical orientation
- practical and creative achievements
- experimental work
- product and result orientation

THE PROJECT COURSES STRUCTURE



Curricular Connection

- movement field driving, rolling, gliding
- deepening and propaedeutics of science
- target perspectives: factual, methodological and judgment skills as well as movement and perception skills



Implementation Conditions

- up to 20 participants
- reference subject
- in two consecutive semesters (classroom, Sports hall, ski area)



Contents

- **eight-day ski excursion:** skiing, Collection of data, application and experience of knowledge
- **practical unit:** physical and mental preparation for the excursion
- **theoretical units:** consideration of the multi-perspective nature of skiing (lessons & presentations)
- **written project work:** choice of an own topic, presentation of theoretical basic principles, working on a question derived from theory



Performance Evaluation

theory	practice
<ul style="list-style-type: none"> • presentation • Test • Project work • Other participation 	<ul style="list-style-type: none"> • individual sport motor skills & performance • sport motor ski test • Willingness to learn & making an effort • regular participation